

Pre-registration required: online, by phone or in person

Love Shouldn't Hurt: 50 Shades of Respect

Saturday, May 18, 1:30p-3:00p

For Older Teen Girls and Young Women

**FREE
WORKSHOP**

You will learn how to:

- Navigate issues of consent
- Set effective limits
- Know if he or she is "worth it"



THOUSAND WAVES | Martial Arts & Self-Defense Center

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